

5 Reasons Why Your Child Should Attend Preschool

by [SMMontessori](#) | Sep 8, 2019 | [Blog](#)

Preschool admissions season is around the corner and you have a tough decision to make: whether or not enroll your child into preschool. The thought of separation from your little one and uncertainty of the preschool program can be anxiety provoking.

A high-quality preschool program focuses on early childhood education and assesses the kids' progress in early literacy and cognitive development. [Studies](#) show that children who attend preschool have a high probability of graduating high school.

Here are some reasons why you should strongly consider enrolling your child in a preschool program:

1. A structured environment

The structured learning environment offered by a preschool can't be replicated at home. The classroom space encourages social interaction; children learn to follow instructions and take turns. They observe their peers and acknowledge the authority of adults other than their parents.

Additionally, there's dedicated snack time, outdoor play and tons of sensory activities that not only help the little ones get accustomed to a routine but also promote cognitive growth.

2. Promotes social and emotional development

Preschool programs help children build trusting relationships with adults and children outside the family. Toddlers learn vital personality traits like sharing, patience and compromise when they interact with other children.

Preschool is a place where your little one will gain a sense of self, play, explore and build confidence.

The 3 and 4 year olds learn through experiences and teachers help them manage their anger and frustration with "teachable moments." Kids discover all the things that they are capable of doing themselves.

3. Exposure to exciting experiences

Preschool exposes children to the world of exploration with interactive art supplies, playground games and group activities. Outdoor play, nature walks and glimpse of the plants and birds piques at the children's curiosity.

4. Smooth transition to elementary school

The transition to elementary school is a lot smoother when children are already accustomed to waking up in the morning for school, following instructions and learning in a disciplined environment.

5. Practical life exercises establish a strong sense of self

Montessori teachers of a preschool program focus on engaging the children in Practical Life exercises; these purposeful tasks simulate daily routine activities that kids observe in their homes. The activities revolve around two key areas: Care of Self and Care for the Environment. Children learn to pour, fold, wash their hands, get dressed, water plants, and more.

Practical Life exercises help children gain independence, develop coordination of movement, develop the ability to concentrate and adapt to their society so that they become self-sufficient from a young age.

Why Is Preschool Important? Debunking the Myths

By [Emily Hayden](#) on 04/24/2018

Now that we're parents ourselves, the tables have turned. We're faced with myriad of decisions about where to send our kids to school, which play dates to organize, where we should spend extra money in the store's organic section or what to do when our little one is bullied. Why do our childhoods seem like the ancient past, and how did our parents survive this constant decision-making process without completely sabotaging our development?

Parents have important choices to make regarding their kids' education—and these decisions are coming sooner and sooner. Kindergarten is seen as the new first grade and academic rigor is increasing. This means it's even more important for parents to make sure their kids are on a good developmental footing. One of the best ways to do this is through a quality preschool education program.

But there are still plenty of people who don't believe preschool is important or are otherwise skeptical of its benefits. We've asked early childhood education experts to weigh-in on some of the common myths or misunderstandings about preschool and help explain exactly why preschool is so important.

4 Common myths about the value of preschool

The importance of preschool has become a hot topic among politicians, school districts and parents, to name just a few stakeholders in the world of education. We identified the most common misconceptions about preschool and went to work debunking the following myths through research and interviews with the professionals.

“All the kids do is play games and sing songs.”

“If all they did all day was play and sing songs, then the parents should be thanking me! The value of play is the top priority in my classroom,” says Jane Fitzsimmons, a veteran preschool teacher at [St. Mary's School](#). “What better way for children to learn how to build, create, problem solve, cooperate, communicate, enjoy activities, learn diversity, build self-esteem and be a part of a loving community—where all are accepted,”

While many perceive playing games and singing songs as merely frivolous and entertaining ways to pass the time, [research has shown](#) that activities like playing games and singing songs are precisely the ways in which preschool-aged kids develop the most connections in their brains.

- Singing songs encourages speech and language development, enhancing vocabulary and communication skills. Students who struggle with a certain skill (ABCs, counting or math patterns) are able to show mastery through learning a song about it.
- Playing games is the perfect opportunity for kids of this age to express their curiosity, learn teamwork, practice sharing and develop problem-solving skills.

Check out Jeff A. Johnson and Denita Dinger's book, "[Let Them Play: An Early Learning \(Un\)Curriculum](#)," to discover more about the value of play and activities specifically researched and proven to maximize brain development.

"I can teach all of these things at home."

One of the biggest mistakes parents make about their approach to preschool is taking on an adversarial relationship with teachers—for example, thinking, "Why would I send my child to preschool when I can do an equal or better job at home?"

Preschool teachers aren't trying to undermine parents or downplay their abilities to teach their kids—children obviously can and do learn much from their families. That being said, it's not fair to discredit the capabilities of preschool teachers. They are highly trained educational professionals and are specifically trained with techniques to enhance a child's physical, social, emotional, cognitive and language development. They know how to immerse children in engaging learning experiences and have years of experience doing it. Preschool does not discount the skills you teach your child at home. It reinforces them in a new environment and ensures all areas of the brain are intentionally activated.

Fitzsimmons also emphasizes the importance of the social aspect in preschool. While a child might be able to learn activities from a parent or guardian at home in isolation, he or she will miss out on the importance of peers being part of the experience. Kids in preschool have the opportunity to practice sharing, tying their shoes, using scissors and getting a backpack ready while being surrounded by other little humans of the same age. It is not only the trained professionals in the room, but also the peers that enhance the learning experience—making it difficult to replicate at home.

"The benefits of preschool don't last."

"How could my child's third or fourth year of life significantly impact his or her future? I can't even remember what I was doing at that age!"

While many of us don't remember our earliest years, the first five years are most crucial due to the brain's ability to make connections. Our capacity to develop vocabulary, a lifelong communication skill, is largely decided by the time we reach age five. Many longitudinal studies conducted around long-term effects of preschool show a strong relationship between preschool attendance and success in diverse areas of life.

The [HighScope Perry Preschool study](#) divided students of ages three and four into two groups (those who attended preschool programs and those who did not), and tracked them through the age of 40. The research concludes that students who attended preschool had higher earnings, were more likely to hold a job, had committed fewer crimes and were more likely to graduate from high school.

Varda Epstein, mother of 12, preschool teacher of eight years and volunteer with [Kars4Kids](#), explains that children who attend preschool are more likely to be successful in Kindergarten, then first grade and continuing through college. Although it might be hard for some to believe, the groundwork for successful experiences in the education system is largely established before Kindergarten even starts.

“Preschool is only for children from well-off families.”

This misconception is based in some truth. While the U.S. government and each state has funding of public education that is universal for everyone from Kindergarten through high school, **funding is much more uneven** for preschool programs. Because of this, many parents who would like their child to attend preschool are at a loss when faced with how to pay for it.

Fortunately for those families, reformers armed with research showing the value of pre-K are making strides legislatively as more and more government money is being dedicated to these programs. Some states fully fund preschool for all children, and many states have legislation in the process to do so. Many schools also offer financial aid to families who make preschool possible. Additionally, **Head Start** is an early childhood education program that has been active since 1965 and provides education for children from low-income families from birth to age five.

The importance of preschool is undeniable

It’s understandable if you’ve been skeptical of the value of a preschool education—children at this age are so little, and the things they’re learning seem relatively simple. But as you know now, there’s more that goes into teaching preschool children. The time kids spend in pre-K programs is used to develop a foundation for a lifetime of learning—and that matters!

Now that you know more about the importance of preschool education, have you considered making the jump from parent to educator? If so, you’ll want to read our article, **“Would I Be a Good Teacher? 6 Questions to Consider Before Working with Kids,”** to learn more about what to expect from the field.

EDITOR’S NOTE: This article was originally published in June 2014. It has since been updated to include information relevant to 2018.

15 Reasons Why Preschool Is One Of The Most Important Decisions You Can Make

JUN 5, 2020 | [Early Learning Center](#), [NCA Community](#), [Preschool](#) | [3 comments](#)

It’s hard to send your child off to school for the first time, especially when they’re just 3 or 4 years old. But giving your child a quality preschool education will set them up for greater success in every area of life.

At preschool, children build a strong foundation in social, pre-academic, and general life skills that will give them a leg up in school and beyond. Research shows that children who graduate from preschool have improved academic readiness, lower incarceration rates, and higher earnings.

Here are 15 reasons why preschool is important:

1. PRESCHOOL TEACHES CHILDREN HOW TO BE LEARNERS.

Young children learn by playing. If a child's first introduction to classroom learning is in an overly academic environment, they may fail to develop a strong sense of curiosity and be turned off from school.

Preschool provides opportunities for children to learn in ways that interest them, building a positive association with learning. The [best preschool](#) helps children develop a drive to learn that they will take with them throughout their time in school.

2. PRESCHOOL HELPS CHILDREN DEVELOP SOCIAL SKILLS.

At preschool, children spend extended amounts of time with other children and adults outside their families. The environment provides plenty of opportunities to learn how to make friends, cooperate, listen, and build foundational conversation skills.

3. CHILDREN DEVELOP SELF-REGULATION SKILLS THROUGH “TEACHABLE MOMENTS” AND OTHER INTERACTIONS AT PRESCHOOL.

When children play and engage in activities with their peers, there will almost inevitably be minor conflicts that bring frustration, anger, and other emotional challenges. These conflicts provide opportunities for [“teachable moments.”](#)

Teachers can encourage children to notice how their behavior impacts others and practice interpersonal problem-solving skills. Preschool graduates leave class with emotional skills they will carry with them for the rest of their lives.

4. PRESCHOOL ACTIVITIES BOOST PRE-LITERACY SKILLS.

At preschool, teachers offer a variety of games and activities that help children [build pre-literacy skills](#). Children sing alphabet songs, learn rhymes that help them distinguish between sounds, listen to read-aloud stories, and play with magnetic alphabet letters.

In addition to learning these foundations, children often develop a sense of excitement and motivation to continue learning. Preschool pre-literacy learning takes place during activities that are inherently interesting to children, which builds positive associations with reading.

5. PRESCHOOL BUILDS A FOUNDATION FOR MATH.

Preschool doesn't teach children math before they're ready, but it does build the foundations for future success through fun activities and guided play. Children often play matching, sorting, or counting games, as well as board games that help students develop an understanding of numbers and categories.

6. THE PRESCHOOL ENVIRONMENT NURTURES CHILDREN'S CREATIVITY AND CURIOSITY.

Young children have active imaginations, and those imaginations can be nurtured to fuel learning and creativity. The preschool environment is set up to encourage exploration.

Preschool teachers are trained to help children develop their own ideas and thoughts. They encourage curiosity, ask questions, and listen to children's ideas rather than pushing "correct" answers or behaviors.

With a stimulating environment and the right adult interactions, children are more likely to develop curiosity and creativity.

7. PRESCHOOL STUDENTS GET TO MAKE CHOICES.

Preschool children get to choose which activities they participate in. That means they not only get to follow their interests but also learn [decision-making skills and responsibility](#). Children are encouraged to make their own choices.

Teachers watch children and keep an eye on which activities they seem interested in. If a child seems unsure of how to enter other children's play, they may offer suggestions on ways to join the group.

8. CHILDREN LEARN TO TAKE CARE OF THEMSELVES.

At preschool, children are often given chances to practice being responsible. Preschool teachers teach and expect children to wash their hands, keep personal belongings in cubbies, and put toys back in their designated spaces.

9. CHILDREN LEARN TO TAKE CARE OF EACH OTHER.

In addition to taking care of themselves, preschoolers learn how to take care of others. Teachers encourage children to help each other learn skills they are more competent at and view themselves as a resource for other children.

Preschool children may also be given opportunities to help out in the classroom. Teachers may ask them to set the table at snack time, fix the calendar, or help set up an activity, for example.

10. PRESCHOOL PROMOTES LANGUAGE SKILLS.

Children learn language skills best in a language-rich environment. At preschool, teachers help children develop language capabilities by introducing new vocabulary during activities and asking thought-provoking questions.

With ample opportunities to try new things, listen to read-aloud books, act out stories, and sing, preschool children have a clear advantage in learning to communicate effectively.

11. CHILDREN DEVELOP COGNITIVE SKILLS.

Children build cognitive skills through activities that challenge them to try new things, solve problems, ask questions, and simply observe the world around them. Preschool emphasizes these types of activities, and children learn more as a result.

12. PRESCHOOL ACTIVITIES HELP CHILDREN DEVELOP MOTOR SKILLS.

While literacy, math, and cognition are important, brainy skills are not the only ones that young children should learn. Many preschool activities are designed to help children develop physical coordination and fine motor skills.

Children are challenged to develop fine control of their fingers with projects that involve threading with beads, drawing, or even cutting with scissors. Many preschools also offer daily opportunities for children to challenge themselves by jumping or climbing.

13. THE PRESCHOOL ENVIRONMENT PROVIDES STRUCTURE WITH LIMITED RULES.

Preschool may not seem highly structured at first glance. However, classroom space is always organized to encourage social interaction and skills development.

Preschool teachers provide opportunities to engage in group activities, listen to stories, and work together with other children. In an environment with a range of activity choices, children can explore their curiosity while still getting used to structured activities.

14. PRESCHOOL PREPARES CHILDREN FOR KINDERGARTEN.

Kindergarten has become more and more academic over time. Because of this trend, some parents believe their children need a stronger pre-math and pre-literacy foundation in preschool to succeed later on. Others worry that their children need more structured play and opportunities to explore their interests.

Preschool provides both kinds of learning opportunities for children. A high-quality education program will offer children both protected play time and skills development that prepare them for kindergarten.

15. PRESCHOOL IS A FOUNDATIONAL OPPORTUNITY FOR GROWTH.

More than anything else, preschool helps children develop the skills they will need to grow throughout their lives.

With improved social and communication skills, they will be better able to ask for help and cooperate. With strong pre-literacy, cognition, and math foundation skills, they are less likely to struggle or have a negative experience in school.

The emotional skills and understanding of the world that children develop while they are young will help them become constructive members of society as they grow.

THE BEST PRESCHOOL IN EVERETT, WA

Northshore Christian Academy provides a [high-quality preschool](#) and early learning center for children aged 1-5. Our students learn through imaginative and cooperative play, including outdoor activities, art projects, and hands-on science projects. Social skills and independence are stressed throughout the day.

At NCA, we integrate faith and learning by teaching with a Biblical worldview. [Contact us](#) today to learn more about our preschool curriculum.

Sending your child to school for the first time can be difficult, especially if they are only 3 or 4 years old. Giving your child a good preschool education, on the other hand, will set them up for greater success in all aspects of life.

Children develop a strong foundation in social, pre-academic, and general life skills in preschool, which will help them succeed in school and beyond.

Here are 8 reasons why your child should attend preschool:

Preschool Promotes Language Skills

Language skills are best learned in a language-rich setting. Teachers at **preschool in Mumbai** help children build language skills by introducing new vocabulary and asking thought-provoking questions throughout activities.

Preschoolers have a distinct edge in learning to speak successfully because they have numerous opportunities to explore new things, listen to read-aloud books, act out stories, and sing.

It Helps Children Develop Motor Skills

While cognitive skills such as literacy, numeracy, and cognition are vital, they are not the only ones that children should learn. Many preschool activities are meant to aid in the development of fine motor skills and physical coordination.

With projects like bead threading, painting, and even cutting with scissors, children are encouraged to develop fine control of their fingers. Many [preschools in Mumbai](#), also provide an everyday opportunity for children to jump or climb as a way to challenge themselves.

It Helps Children Develop Social Skills

Children spend a lot of time at preschool with other kids and adults who aren't from their families. There are several possibilities to learn how to make friends, collaborate, listen, and develop core conversation skills in this setting.

It Develops Self-Regulation Skills in Children

When youngsters play and participate in activities with their friends, little disagreements will almost always arise, causing irritation, anger, and other emotional issues. These confrontations generate moments to learn for students.

Teachers can help students become more aware of how their actions affect others and practise interpersonal problem-solving skills. Preschoolers leave class with emotional abilities they will use for the rest of their lives.

It Boosts Pre-Literacy Skills

Teachers use a variety of games and activities in **top preschools in Mumbai** to assist children to develop pre-literacy abilities. Children learn rhymes that help them discriminate between sounds, listen to read-aloud stories, and play with magnetic alphabet letters while singing alphabet songs.

Children often develop a sense of joy and motivation to continue learning in addition to understanding these fundamentals. Preschool pre-literacy acquisition occurs during activities that children find naturally engaging, resulting in good associations with reading.

Builds a Foundation For Math

Preschool does not teach mathematics to children until they are ready, but it does establish the groundwork for future success by engaging them in interesting activities and supervised play. Matching, sorting, and counting games, as well as board games that assist pupils to comprehend numbers and categories, are popular among children.

Preschool Environment Nurtures Children's Creativity And Curiosity

Young children have active imaginations, which can be cultivated to help them learn and be more creative. The environment in **top preschools in Mumbai** is designed to inspire exploration.

Teachers in preschools in Mumbai are trained to assist youngsters in the development of their own ideas and concepts. Rather than emphasising "proper" responses or actions, they foster inquiry, ask questions, and listen to children's ideas.

Children are more likely to develop curiosity and creativity in a dynamic environment with the correct adult relationships.

Children Learn To Take Care Of Themselves

Children are frequently given opportunities to practise being responsible in preschool. Children are taught and expected to wash their hands, keep personal belongings in their bags, and return toys to their proper places by preschool teachers.

These elements establish a foundation for learning that will help your child flourish in primary school, both socially and academically.